



Naperville CUSD #203 Early Childhood Breakfast / Lunch Menu September 2019

2

No School



3

Breakfast
Low-Fat Mozzarella
Cheese Stick,
Apple Slices, Milk

Lunch
Hamburger
Fresh Fruits & Veggies, Milk

4

Breakfast
Banana Strawberry Yogurt,
Fruit Juice, Milk

Lunch
Cheese Pizza
Fresh Fruits & Veggies, Milk

5

Breakfast
Low-Fat Mozzarella
Cheese Stick,
Apple Slices, Milk

Lunch
Chicken Alfredo Pasta
Fresh Fruits & Veggies, Milk

6

Breakfast
Whole-Grain Trix
Cereal Bar,
Fruit Juice, Milk

Lunch
Cheese Pizza (V)
Fresh Fruits & Veggies, Milk

9

Breakfast
Whole-Grain
Blueberry Muffin,
Fruit Juice, Milk

Lunch
Chicken Nuggets
Fresh Fruits & Veggies,
Milk

10

Breakfast
Banana Strawberry
Yogurt,
Apple, Milk

Lunch
Hamburger,
Fresh Fruits & Veggies,
Milk

11

Breakfast
Whole-Grain Trix
Cereal Bar,
Fruit Juice, Milk

Lunch
Chicken Patty Sandwich
Fresh Fruits & Veggies, Milk

12

Breakfast
Apple Sauce Cup,
Cheerios Cereal, Milk

Lunch
Mini Waffles &
Sausage Patty
Fresh Fruits & Veggies,
Milk

13

Breakfast
Reduced-Sugar
Cocoa Puffs Cereal,
Diced Peaches, Milk

Lunch
Cheese Pizza (V)
Fresh Fruits & Veggies,
Milk

16

Breakfast
Applesauce Cup,
Cheddar Goldfish, Milk

Lunch
Grilled Cheese
Fresh Fruits & Veggies,
Milk

17

Breakfast
Low-Fat Mozzarella
Cheese Stick,
Apple Slices, Milk

Lunch
Hamburger
Fresh Fruits & Veggies, Milk

18

Breakfast
Banana Strawberry Yogurt,
Fruit Juice, Milk

Lunch
Cheese Pizza
Fresh Fruits & Veggies, Milk

19

Breakfast
Low-Fat Mozzarella
Cheese Stick,
Apple Slices, Milk

Lunch
Hot Dog
Fresh Fruits & Veggies, Milk

20 Fun Friday! 😊

Breakfast
Whole-Grain Trix
Cereal Bar,
Fruit Juice, Milk

Lunch
Cheese Pizza
Fresh Fruits & Veggies, Milk

23

Breakfast
Whole-Grain
Blueberry Muffin,
Fruit Juice, Milk

Lunch
Chicken Nuggets
Fresh Fruits & Veggies,
Milk

24

Breakfast
Banana Strawberry
Yogurt,
Apple, Milk

Lunch
Hamburger,
Fresh Fruits & Veggies,
Milk

25

Breakfast
Whole-Grain Trix
Cereal Bar,
Fruit Juice, Milk

Lunch
Chicken Patty Sandwich
Fresh Fruits & Veggies, Milk

26

Breakfast
Apple Sauce Cup,
Cheerios Cereal, Milk

Lunch
Mini Waffles &
Sausage Patty
Fresh Fruits & Veggies,
Milk

27

Breakfast
Reduced-Sugar
Cocoa Puffs Cereal,
Diced Peaches, Milk

Lunch
Cheese Pizza (V)
Fresh Fruits & Veggies,
Milk

30

Breakfast
Applesauce Cup,
Cheddar Goldfish, Milk

Lunch
Grilled Cheese
Fresh Fruits & Veggies,
Milk

(V) = Indicates a vegetarian option.

Milk options: 1% white or Fat-Free (Skim) chocolate

All meat items are made with beef, chicken or turkey unless specified; this includes ham, hotdogs, sausage patties and pepperoni.

Cereal Fun Lunch (V)
Whole-grain cereal, mozzarella string cheese, whole-grain goldfish crackers, sides and a milk.

This vegetarian entrée option is available daily for all students. This is also the entrée available for students who are late / forget to order / forget lunch from home.

*Students may choose between the daily lunch entrée or the Cereal Fun Lunch entrée.
(V) = Indicates vegetarian option
One serving of each fruit & veggie side will be offered. Students may choose a milk.
Milk options: 1% white or Fat-Free (Skim) chocolate