



# Naperville CUSD #203 Elementary Gluten-Free Menu October 2017

**2**

**Sun Butter & Jelly on Gluten-Free Sandwich Bread (V)**

Fruits & Veggies:  
Corn, Broccoli, Grapes, Mixed Fruit, Fruit Punch

**3**

**Strawberry Apple Smoothie served with Cheese Stick and Cheerios Cereal (V)**

Fruits & Veggies:  
Sweet Potato Bites, Cucumber Slices, Banana, Diced Peaches, Apple Juice

**4 National Taco Day!**  
Celebrate with Walking Tacos!

**Walking Taco made with Gluten Free Tortilla Chips** 

Fruits & Veggies:  
Green Beans, carrots, Apple Slices, Pears, Fruit Juice



**5**

**No School for Parent-Teacher Conferences**

**6**

**No School for Parent-Teacher Conferences**

**RECIPES FOR SUCCESS!**  
Celebrate National School Lunch Week with us!  
Participate in school lunch next week to receive specials every day!

**9**

**Hot Dog on Gluten-Free Bun**

Fruits & Veggies:  
Kickin' Pinto Beans, Baby Carrots, Banana, Peaches, Apple Juice

**10**

**Strawberry Grape Smoothie served with Cheese Stick and Chex Cereal (V)**

Fruits & Veggies:  
Green Beans, Baby Carrots, Banana, Peaches, Apple Juice

**11**

**Macaroni & Cheese made with Gluten-Free Pasta (V)**

Fruits & Veggies:  
Capri Blend, Celery Sticks, Apple, Diced Pears, Fruit Juice

**12**

**Cheeseburger on Gluten-Free Bun**

Fruits & Veggies:  
Tater Tots, Mandarin Oranges, Applesauce, Orange Juice

**13**

**Turkey & Cheese on Gluten-Free Wrap**

Fruits & Veggies:  
Broccoli, Peaches, Cucumber Slices, Mango Applesauce, Fruit Juice

**National School Lunch Week**  
**Monday: Fruit Slushy Cups!**

**National School Lunch Week**  
**Tuesday: Smoothie Recipe & Surprise Gift!**

**National School Lunch Week**  
**Wednesday: Take The Pizza Recipe Home!**

**National School Lunch Week**  
**Thursday: Baja Veggie Salad Recipe & Surprise Gift!**

**National School Lunch Week**  
**Friday: Rice Crispy Treats & Take The Recipe Home!**

**16**

**Grilled Cheese on Gluten-Free Bread (V)**

Fruits & Veggies:  
Tater Tots, Broccoli, grapes, Mixed Fruit, Fruit Punch

**17**

**Apple Cinnamon Smoothie served with Cheese Stick and Cheerios Cereal (V)**

Fruits & Veggies:  
Green Beans, Cucumber Slices, Banana, Diced Peaches, Apple Juice

**18**

**Cheese Pizza on Gluten-Free Crust (V)**

Fruits & Veggies:  
Sweet Potato Fries, Carrots, Apples, Pears, Fruit Juice

**19**

**Fruit & Yogurt Salad With Gluten-Free Roll**

Fruits & Veggies:  
BBQ Black Beans, Celery Sticks, Orange, Applesauce, Orange Juice

**20**

**Cheeseburger on Gluten-Free Bun**

Fruits & Veggies:  
Broccoli, Baby Carrots, Pineapple Tidbits, Mango Applesauce, Fruit Punch

**23**

**Ham & Cheese Sandwich on Gluten-Free Bread**

Fruits & Veggies:  
Baked beans, Broccoli, Grapes, Mixed Fruit, Fruit Punch

**24**

**Apple Orange Smoothie served with Cheese Stick and Chex Cereal (V)**

Fruits & Veggies:  
Green Beans, Baby Carrots, Banana, Diced Peaches, Apple Juice

**25**

**Macaroni & Cheese made with Gluten-Free Pasta (V)**

Fruits & Veggies:  
Carrots, Cucumbers, Apples, Diced Peaches, Fruit Juice

**26**

**Hot Dog on Gluten-Free Bun**

Fruits & Veggies:  
Capri Blend, Cucumber Slices, Banana, Diced Peaches, Apple Juice

**27**

**Cheese Pizza on Gluten-Free Crust (V)**

Fruits & Veggies:  
Green Beans, Garbanzo Beans, Applesauce, Diced Peaches, Orange Juice

**30**

**Sun Butter & Jelly on Gluten-Free Sandwich Bread (V)**

Fruits & Veggies:  
Broccoli, Baby Carrots, Grapes, Mixed Fruit, Fruit Juice

**31 Special!**  
**Vanilla Pumpkin Smoothie!**

**Served with Cheese Stick and Cheerios Cereal (V)**

Fruits & Veggies:  
Tater Tots, Baby Carrots, Mandarin Oranges, Applesauce, Orange Juice



All items are made with chicken or turkey unless specified; this includes hot dogs, sausage patties, ham and pepperoni.

**Lunch Price**

\$2.70 Full Paid  
\$.40 Reduced

All Meals available to all students\*

\*Students may choose: An entrée, 2 fruit sides, 2 vegetable sides, and a milk.

(v) = Indicates vegetarian option

**More info...**  
4<sup>th</sup> & 5<sup>th</sup> Grade Students will be able to purchase a second hot entrée option. **The second entrée is \$1.75 for ALL students that choose to order.** Please indicate when ordering in the morning if a second entrée is desired

**Cereal Fun Lunch...**  
This will be available daily as a 4<sup>th</sup> entrée option for all students. This will also be the lunch available for late students or those that forget their lunch. This is a vegetarian option. It includes whole grain cereal, mozzarella string cheese, and goldfish crackers. The fruit/veggie bar and milk also comes with this meal if desired.